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UNITED STATES
SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

MAR T 9 200A

FORM D

OMB APPROVAL
OMB Number: 3235-0076
Expires: May 31, 2005
Estimated average burden hours per response... 1

NOTICE OF SALE OF SECURITIES
PURSUANT TO REGULATION D,
SECTION 4(6), AND/OR
UNIFORM LIMITED OFFERING EXEMPTION

SEC US	E ONLY	
Prefix	Serial	
DATE R	ECEIVED	OCESSED
	TM	AR 22 2004
ed, and indic	ate	THOMSON

1	MAK 22 ZU
Name of Offering ([] check if this is an amendment and name has changed, and indicate change.)  Center for Lifestyle Disease	THOMSON FINANCIAL
Filing Under (Check box(es) that apply): [ ] Rule 504 [ ] Rule 505 [ ] Rule 506 [ ] Section 4(6)	B) []ULOE
Type of Filing: [√] New Filing [ ] Amendment	
A. BASIC IDENTIFICATION DATA	······································
Enter the information requested about the issuer	············
Name of Issuer ([ ] check if this is an amendment and name has changed, and indiciate change.) Center Ar Lifestyle Disease	<del>an baardus</del>
Address of Executive Offices (Number and Street, City, State, Zip Code) Telephone Number (Including Area Code) 13909 N. 126 <sup>th</sup> Ave,  8533	e,AZ
Address of Principal Business Operations (Number and Street, City, State, Zip Code) Telephone Number (Including Area Code) (if different from Executive Offices)	
Brief Description of Business	
Research + Development of Health Supplements	***************************************
Type of Business Organization	
[ v ] corporation [ ] limited partnership, already formed [ ] other (pleating)	ase specify):
[ ] business trust [ ] limited partnership, to be formed	
Month Year	
Actual or Estimated Date of Incorporation or Organization: [/]D] [0] I] [1] Actual	[ ] Estimated

# **GENERAL INSTRUCTIONS**

#### Federal:

Who Must File: All issuers making an offering of securities in reliance on an exemption under Regulation D or Section 4(6), 17 CFR 230.501 et seq. or 15 U.S.C. 77d(6).

When to File: A notice must be filed no later than 15 days after the first sale of securities in the offering. A notice is deemed filed with the U.S. Securities and Exchange Commission (SEC) on the earlier of the date it is received by the SEC at the address given below or, if received at that address after the date on which it is due, on the date it was mailed by United States registered or certified mail to that address.

Where to File: U.S. Securities and Exchange Commission, 450 Fifth Street, N.W., Washington, D.C. 20549.

Copies Required: Five (5) copies of this notice must be filed with the SEC, one of which must be manually signed. Any copies not manually signed must be photocopies of manually signed copy or bear typed or printed signatures.

Information Required: A new filing must contain all information requested. Amendments need only report the name of the issuer and offering, any changes thereto, the information requested in Part C, and any material changes from the information previously supplied in Parts A and B. Part E and the Appendix need not be filed with the SEC.

Filing Fee: There is no federal filing fee.

### State:

This notice shall be used to indicate reliance on the Uniform Limited Offering Exemption (ULOE) for sales of securities in those states that have adopted ULOE and that have adopted this form. Issuers relying on ULOE must file a separate notice with the Securities Administrator in each state where sales are to be, or have been made. If a state requires the payment of a fee as a precondition to the claim for the exemption, a fee in the proper amount shall accompany this form. This notice shall be filed in the appropriate states in accordance with state law. The Appendix in the notice constitutes a part of this notice and must be completed.

## A. BASIC IDENTIFICATION DATA

- 2. Enter the information requested for the following:
  - Each promoter of the issuer, if the issuer has been organized within the past five years;
  - Each beneficial owner having the power to vote or dispose, or direct the vote or disposition of, 10% or more of a class of equity securities of the issuer;
  - Each executive officer and director of corporate issuers and of corporate general and managing partners of partnership issuers; and
  - · Each general and managing partner of partnership issuers.

Check Box(es) that Apply:	[✔] Promoter [v	Beneficial Owner	[✔] Executive Officer	[✔] Director [	] General and/or Managing Partner
Full Name (Last name	e first, if individua	) TATE	, Mitchell	L.	
Business or Residence	ce Address (Num	ber and Street, 0	City, State, Zip Code	Tage AZ	853 <b>3</b> 5
Check Box(es) that Apply:	[ ] Promoter [		[ ] Executive Officer		] General and/or Managing Partner
Full Name (Last name	e first, if individua	1)			
Business or Residence	ce Address (Num	ber and Street, (	City, State, Zip Code	)	
Check Box(es) that Apply:	[]Promoter[	] Beneficial Owner	[ ] Executive Officer	[ ] Director [	] General and/or Managing Partner
Full Name (Last name	e first, if individua	l)			
Business or Resident	ce Address (Num	ber and Street, (	City, State, Zip Code	)	
Check Box(es) that Apply:	[ ] Promoter [	] Beneficial Owner	[ ] Executive Officer	[ ] Director [	J General and/or Managing Partner
Full Name (Last name	e first, if individua	1)			· · · · · · · · · · · · · · · · · · ·
Business or Residence	ce Address (Num	ber and Street, 0	City, State, Zip Code	)	
Check Box(es) that Apply:	[ ] Promoter [	] Beneficial Owner	[ ] Executive Officer	[ ] Director [	] General and/or Managing Partner
Full Name (Last name	e first, if individua	1)			
Business or Residence	ce Address (Num	ber and Street, (	City, State, Zip Code	)	, , , , , , , , , , , , , , , , , , ,
Check Box(es) that Apply:	[]Promoter[	] Beneficial Owner	[ ] Executive Officer	[ ] Director [	] General and/or Managing Partner
Full Name (Last name	e first, if individua	1)			· · · · · · · · · · · · · · · · · · ·
Business or Residence	ce Address (Num	ber and Street, (	City, State, Zip Code	)	<del></del>
Check Box(es) that Apply:	[ ] Promoter [	] Beneficial Owner	[ ] Executive Officer	[ ] Director [	] General and/or Managing Partner

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Busin	ess or R	esidenc	e Addre	ss (Num	ber and	Street, 0	City, Stat	e, Zip Co	ode)				
(	(Use bla	nk she	et, or co	py and	use ad	ditional	copies c	of this sh	neet, as	necessa	iry.)	·····	
<del></del>			i	3. INFO	RMATIO	N ABOL	JT OFFE	RING			<del></del>		
	s the iss		, or doe	s the iss	uer inter	d to sell	, to non-	accredite	d investo	ors in thi	s `	— Yes	
			Ansv	ver also	in Appe	ndix, Col	umn 2, it	filing un	der ULO	E.			
2. Wh	at is the	minimu	m inves	tment th	at will be	accepte	ed from a	ny indivi	dual?		\$	25	
3. Doe	es the of	ferina p	ermit joi	nt ownei	rship of a	sinale (	unit?					Yes	
			-		·	_			be paid			<b>X</b> 1	
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persor	n or age	nt of a b	oroker o	dealer	registere	d with th	e SEC a	nd/or wit	h a state	or state	es, list		
									ed are as				
person	ns ot suc	on a bro	ker or a	ealer, yo	ou may s	et forth t	ne intorn	nation for	that bro	ker or a	ealer		
		<u> </u>									· · · · · · · · · · · · · · · · · · ·		
Full N	ame (La	st name	first, if i	ndividua	ai)								
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Busine	ess or R	esidenc	e Addre	ss (Num		Street, C	City, Stat	e, Zip Co	ode)		<del></del>	_	
	ess or R					Street, C	City, Stat	e, Zip Co	ode)			_	
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Business or Residence Add	ress (Nun	nber and	Street, 6	City, Stat	e, Zip Co	de)			
Name of Associated Broker	or Dealer				· · · · · · · · · · · · · · · · · · ·				-
States in Which Person List (Check "All States" or ch						sers		] All St	- tates
[AL] [AK] [AZ] [AR		[CO]	[CT]	[DE]	 [DC]	[FL]	[GA]	(HI)	[ID]
[IL] [IN] [IA] [KS		[LA]	[ME]	[MD]	[MA]	[, <u>-</u> ] [MI]	[MN]	[MS]	[MO]
[MT] [NE] [NV] [NH		[NM]	[NY]	[NC]	[ND]	[OH]	[OK]	[OR]	[PA]
[RI] [SC] [SD] [TN]		[TU]	[VT]	[VA]	[WA]	[WV]	[WI]	[WY]	[PR]
(Use blank sheet, or	copy and	use add	ditional	copies o	of this st	eet, as	necessa	ary.)	•
C. OFFERING PRICE, N	UMBER (	OF INVE	STORS,	EXPEN	SES AND	USE O	F PROC	EEDS	-
1. Enter the aggregate offer and the total amount alread If the transaction is an exch the columns below the amo and already exchanged.	/ sold. En ange offer	ter "0" if ing, ched	answer i ck this bo	s "none" ox " and i	or "zero. indicate i	11			
							gregate		ınt Already
Type of Security						_	ring Pric		Sold
Debt Equity						\$	00,000	\$\$ \$25	800
	mmon			*************	*****	Ψ_14126	-	V.ne,	LE
Convertible Securities						\$		s –	-
Partnership Interests .	. •		•			\$		\$	
Other (Specify	· · · · · · · · · · · · · · · · · · ·			. — — — — — — — — — — — — — — — — — — —	_).	\$		\$ <u></u>	_
Total Answer also in App						\$_1,00	0,000	\$ 25	,000
2. Enter the number of accre have purchased securities in amounts of their purchases, number of persons who have dollar amount of their purch "none" or "zero."	this offer For offeri e purchas	ing and ngs unde ed secui	the aggr er <u>Rule 5</u> rities and	egate do <u>504,</u> indic I the agg	llar ate the regate				
						Numbe		of Pu	Amount rchases
Accredited Investors Non-accredited Investor							<u>/</u>	\$ <i>25</i> \$	,000
Total (for filings unde	Rule 504	only)						\$	
Answer also in App	endix, Col	umn 4, if	filing ur	der ULO	E.				

3. If this filing is for an offering under Rule 504 or 505, enter the information requested for all securities sold by the issuer, to date, in

offerings of the types indicated, the twelve (12) months prior to the first sale of securities in this offering. Classify securities by type listed in Part C-Question 1.

Tupo of offering	Type of Security	Dollar Amount
Type of offering	- <u>-</u>	Sold s &
Rule 505	<del>-</del>	\$ <del>0</del>
Regulation A	——— <del>—</del>	\$ \$ <del>4</del>
Rule 504	<u> </u>	\$ <del>6</del>
Total		\$
4. a. Furnish a statement of all expenses in connection with the issuance and distribution of the securities in this offering. Exclude amounts relating solely to organization expenses of the issuer. The information may be given as subject to future contingencies. If the amount of an expenditure is not known, furnish an estimate and check the box to the left of the estimate.  Transfer Agent's Fees		]\$
Printing and Engraving Costs		]\$
Legal Fees	[v	]\$ <i>50,00</i> 0
Accounting Fees	[	]\$
Engineering Fees	[	\$ <i>60,000</i>
Sales Commissions (specify finders' fees separately)		]\$
Other Expenses (identify) Finders Fees		rs 40,000
Total		\$ 150,000
- Question 1 and total expenses furnished in response to Part C - Question difference is the "adjusted gross proceeds to the issuer."	used or y the	
to the issuer set forth in response to Part C - Question 4.b above.	Payment Officers, Directors Affiliates	Payments , & To Others
Salaries and fees	\$ 60,00	
Purchase of real estate	[] \$	[] \$
Purchase, rental or leasing and installation of machinery and equipment	[] \$	[] \$
Construction or leasing of plant buildings and facilities	[] \$	[] \$
Acquisition of other businesses (including the value of securities involved in this offering that may be used in exchange for the assets or securities of another issuer pursuant to a merger)	[] \$	[] \$
Repayment of indebtedness	[] \$	[] \$

Working capital		[] \$	[] \$ <i>365_0</i> 00
Other (specify): Product Research			W \$ 425,000
		[] \$	[]
Column Totals		\$ 60,000	M \$ 790,000
Total Payments Listed (column totals added)		[v] \$ <u>85</u>	0,000
D. FEDERAL SIGN	ATURE		
The issuer has duly caused this notice to be signed by this notice is filed under <u>Rule 505</u> , the following signatu to furnish to the U.S. Securities and Exchange Commis information furnished by the issuer to any non-accredite <u>Rule 502</u> .	re constitutes an undertakir ssion, upon written request o	ng by the issue of its staff, the	er
Issuer (Print or Type)	Signature	Date	
Center for Litestyle Disease	Tradare 70	3/1	0/04
Name of Signer (Print or Type)	Title of Signer (Print or Typ	•	
Mitchell L. Tate	Chief Executiv	ne office	er-
ATTENTION			
ntentional misstatements or omissions of fact cons U.S.C. 1001.		lations. (See	18
E. STATE SIGNA	TURE		
Is any party described in 17 CFR 230.262 presently sprovisions of such rule?	subject to any of the disqua	lification	— Yes No [][ <b>//</b>
See Appendix, Column 5, for	r state response.		

- 2. The undersigned issuer hereby undertakes to furnish to any state administrator of any state in which this notice is filed, a notice on Form D (17 CFR 239,500) at such times as required by state law.
- 3. The undersigned issuer hereby undertakes to furnish to the state administrators, upon written request, information furnished by the issuer to offerees.
- 4. The undersigned issuer represents that the issuer is familiar with the conditions that must be satisfied to be entitled to the Uniform limited Offering Exemption (ULOE) of the state in which this notice is filed and understands that the issuer claiming the availability of this exemption has the burden of establishing that these conditions have been satisfied.

The issuer has read this notification and knows the contents to be true and has duly caused this notice to be signed on its behalf by the undersigned duly authorized person.

Issuer (Print or Type)	Signature	Date
Center for Lifestyle Disease	- Josep Jol	3/10/04
Name of Signer (Print or Type)	Title (Print or Type)	
mitchell L. Tate	CEO	

# Instruction:

Print the name and title of the signing representative under his signature for the state portion of this form. One copy of every notice on Form D must be manually signed. Any copies not manually signed must be photocopies of the manually signed copy or bear typed or printed signatures.

				APPENDI	<b>K</b>									
1	2		3	4				Disqual			Dis		5 Disqualif under Stat	
1	Intend	to call	Type of security and aggregate					(if yes, a						
	to non-ac		offering price		Type of	investor and		explana						
	investors		offered in state	ar		rchased in State		waiver gi						
	(Part B-		(Part C-Item 1)			t C-Item 2)		(Part E-I	tem 1)					
				Number of		Number of								
1	1	1		Accredited	İ	Non-Accredited								
State	Yes	No		Investors	Amount	Investors	Amount	Yes	No					
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AK														
AZ		X	1,000,000	1 4	25,000									
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